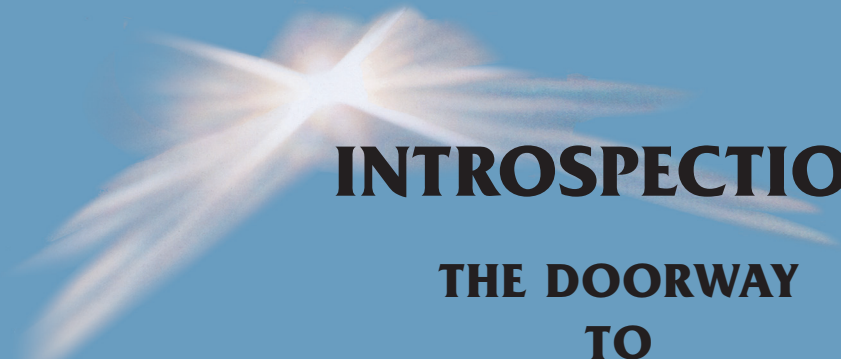




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INTROSPECTION

THE DOORWAY TO TRANSFORMATION AND OPTIMUM PERFORMANCE

- Generating sustainable organizational growth –**
- Engaging employees in interactive root cause analysis of their performance barriers –**
- Identifying and meeting organizational needs –**

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INTROSPECTION: *The Doorway to Transformation and Optimum Performance*, a root cause analysis workshop, empowers employees to discover and overcome their individual barriers to optimum performance and to define their life's work and purpose.

Conducted off campus in a one-day or week-end retreat, this workshop provides employees with a road map for navigating inside themselves and finding the root cause for their motivations, perceptions, and behavior.

Participants learn to:

- **Determine** what drives them
- **Identify** their personal barriers to optimum performance
- **Define** their life's work and purpose
- **Build** a personal action plan for removing their barriers and releasing unlimited resources for performance excellence
- **Create** a collaborative action plan with their team for aligning their resources and their life's work and purpose with organizational goals

Sharing their experiences during this workshop, participants become a cohesive, engaged team with a strong commitment to supporting each other's growth and the growth of the organization.